

# Loyola Catholic School

# December 2023 - Breakfast K-12

1 cup serving of low fat or fat free (unflavored or flavored) milk is served with each meal. Check out the Loyola website for more Food Services information or call (507) 388-0612. What makes a reimbursable meal? 5 components are offered each day. A student must take a fruit or vegetable plus 2 other components to make a reimbursable meal; if not, the meal will be charged ala carte prices with may cost more than the meal price. In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discrimination on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					Cook's Choice or Cereal  Yogurt 100% Fruit Juice Fruit	
3	4	5	6	7	8	9
<b>Sandy Bach Food Services Manager 507-388-0612</b>	Yogurt Parfait w/Granola or Cereal  String Cheese 100% Fruit Juice Fruit	Fresh Cinnamon Roll or Cereal  Yogurt 100% Fruit Juice Fruit	Frudel or Cereal  Yogurt 100% Fruit Juice Fruit	Donut or Cereal  String Cheese 100% Fruit Juice Fruit	Cook's Choice or Cereal  Yogurt 100% Fruit Juice Fruit	<b>Milk is offered daily</b>
10	11	12	13	14	15	16
	Strawberry Cream Cheese Bagel or Cereal  Yogurt 100% Fruit Juice Fruit	Waffles or Cereal  String Cheese 100% Fruit Juice Fruit	Sausage Breakfast Pizza or Cereal  Yogurt 100% Fruit Juice Fruit	Long John or Cereal  String Cheese 100% Fruit Juice Fruit	Cook's Choice or Cereal  Yogurt 100% Fruit Juice Fruit	
17	18	19	20	21	22	23
	Muffin or Cereal  Yogurt 100% Fruit Juice Fruit	Sausage Biscuit or Cereal  String Cheese 100% Fruit Juice Fruit	Pancakes or Cereal  Yogurt 100% Fruit Juice Fruit	Cook's Choice or Cereal  String Cheese 100% Fruit Juice Fruit	<b>No School</b>	
24	25	26	27	28	29	30
	<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>	
31						